



Basic Information:

Sculptra®Aesthetic is indicated for use in immune-competent people as a single regimen for correction of shallow to deep nasolabial fold contour deficiencies and other facial wrinkles in which deep dermal grid pattern injection technique is appropriate. It is a collagen stimulator. It is commonly used along the perimeters of the face to volumize and lift.

There is NO DOWN TIME associated with your treatments. Other than a brief period of redness and minor swelling you can get back to your daily routine almost immediately. There is the possibility of bruising, however most bruising is deep in the tissue and may appear as yellow or green.

Sculptra should be administered over several sessions. The treatment protocol begins at 4 vials. One vial should be administered once a month for 4 months.

YOU WILL NOT SEE IMMEDIATE RESULTS WITH SCULPTRA. The results of vial one will not be visible for 4 months after injection. Each vial will need at least 4 months to bind to your tissue and begin the collagen production.

Sculptra is FDA indicated to last for up to 25 months.

Pre Treatment:

Avoid any aspirin, blood thinners, fish oil, heavy alcohol, or any supplement that may thin your blood. This may increase your risk of bruising and discoloration following treatment. You may reduce your risk of bruising by taking oral ARNICA pills 4-5 days before treatment, and then 4-5 days after treatment.

Next Treatment: 1 month

Follow up: You will need to massage Sculptra into your tissue post treatment.

Massage your face 5 times a day for 5 minutes, for 5 days. Use Elta MD Melting Moisturizer and gloves. Make sure your skin is clean before you rub. You do not want to rub make-up, dirt and oil into your skin.

After you reach your treatment goals with Sculptra, it is advised you maintain your results with 1-2 Sculptra treatment every year. It is important that you understand that Sculptra aids in the production of collagen, therefore you must commit to maintenance for best results. Maintenance will prolong your investment and keep your skin looking its best.

Complete Product List

- 1) *Elta MD Laser Balm- Melting Moisturizer*
- 2) *A box of rubber gloves*
- 3) *Arnica Montana pills pre & post for bruising and swelling*

Other Helpful Hints

- 1) *Arrive at the spa with clean skin and no make-up prior to injection.*
- 2) *Bring a hair band so that hair does not get in the way of treatment or the laser balm following*
- 3) *ICE, ICE, ICE! Bring 2 ice packs for you drive home. Ice is a great preventer of bruising and swelling.*
- 4) *Call the office if you have any unusual side effects or signs of infection. 440-247-3111.*

Things to do:

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2. After you reach your treatment goals with Sculptra, it is advised you maintain your results with 1-2 Sculptra treatment every year. It is important that you understand that Sculptra aids in the production of collagen, therefore you must commit to maintenance for best results. Maintenance will prolong your investment and keep your skin looking its best.
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