

Pre Op Care:

Pre op required for all skin types: NO SUN EXPOSURE FOR 4 WEEKS PRIOR TO PROCEEDURE. NO ANTIBIOTICS, NO PHOTSENSITIVE MEDICATIONS, NO RETIN-A, TAZORAC OR SKIN PEELING AGENTS FOR 1-MONTH PRIOR TO PROCEEDURE. NO SILK PEELS OR MICRODERMABRASIONS 1-MONTH PRIOR TO PROCEDURE.

Other Helpful Hints

- 1) Please arrive at our spa with clean skin and no make-up
- 2) Please bring a hair band to avoid hair sticking to the laser balm/or gels
- 3) Wear a button up shirt so that you do not get laser balm all over a good shirt when removing
- 4) Clear your social commitments so that you may heal appropriately
- 5) Use a hat if going outdoors
- 6) DO NOT PICK AT YOUR SKIN
- 7) You must have a good quality sunblock SPF 30 or above. We recommend Elta MD
- 8) Any laser treatment may bring out herpes simplex around the mouth. Please let Dr. Kish know if you have the herpes virus or have ever had cold sores.